

Geriatric Care Managers

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If you are faced with a difficult care-giving situation and do not know where to begin, you might consider consulting a Geriatric Care Manager. There are only a few in Rockland and they tend to be very costly. The usual charge is between \$75 & \$250 per hour. These charges are not covered by Medicare, Medicaid or most private insurance companies. However, according to CAN members who have used them and to Mimi Hoffman who spent her career in various aspects of social work, they can be incredibly valuable.

What do **Geriatric Care Managers** do?

- Discuss difficult topics and complex issues
- Make home visits and suggest needed services
- Address emotional concerns
- Make short- and long-term plans
- Evaluate in-home care needs
- Select care personnel
- Coordinate medical services
- Evaluate other living arrangements
- Provide caregiver stress relief

For more information about what Geriatric Care Managers do, and for resources to find one locally, you might explore these websites:

<https://www.caring.com/senior-care/geriatric-care-managers/>

Recommended Geriatric Care Managers

Heidy Delaosa

845-642-8250

Heidyhealthcaresolutions@gmail.com

Heidy Delaosa (RN) earned her bachelor of science degree from Dominican College. She is also a Certified Case Manager. Heidy is the owner and founder of Healthcare Solutions NY. Website: <https://www.healthcaresolutionsny.org/>

Heidy's Geriatric Care Management Experience: I have worked in the field of geriatric care management for the past two decades, assisting numerous clients in making informed decisions about their care options, managing their health conditions, and enhancing their overall quality of life. I possess a deep understanding of the physical, emotional, and cognitive aspects associated with aging, enabling me to develop personalized care plans that address each client's unique needs.

Comprehensive Care Coordination/RN Services: I am skilled in coordinating various aspects of geriatric care, including medical appointments, medication management, home health services, rehabilitation, and long-term care arrangements. I am adept at collaborating with healthcare professionals, social workers, and other service providers to ensure seamless care transitions and optimal outcomes for clients.

Legal Knowledge: Having worked closely with older adults and their families, I have gained a solid understanding of the legal issues and challenges they often face. I am familiar with matters such as estate planning, advanced care directives, guardianship, and long term care insurance.

Kim Hamilton

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Kimberly Hamilton received her BA from Boston University and her MSSW from the University of Wisconsin-Madison. She is a licensed clinical social worker in New Jersey (LCSW, a licensed master social worker in New York LMSW, and a certified advanced social worker case manager (C-ASWCM). She is the co-owner of Connections Care Management. Website: <https://www.caremanagementconnect.net/>

Kim has worked in hospitals and community agencies assisting seniors and disabled adults with a particular focus on mental health and addiction. Kim was also the Clinical Director of a large care management agency in New Jersey, where she spent years honing the creative skills needed to serve her clients and their families. She is a member of NASW (National Association of Social Workers, and Aging Life Care Association in which she holds Advanced Professional standing.

Jewish Family of Services in West Nyack – serves the entire community (all faiths) and in the past had at least one Geriatric Care Manager who will recommend private duty home aides. For more information, contact Doris Zuckerberg at dzuckerberg@rjfs.org 845 354-2121 ext. 198. She is in charge of the Elder Department with several social workers.